# **Privacy Policy**

Effective Date: 11/6/2025 Website: epottermhc.com

Owner: Elizabeth Potter, LMHC, LPC — Licensed Mental Health Counselor in NY & SC

1. Introduction

Your privacy is important to me. This Privacy Policy explains how I collect, use, and protect your personal information when you visit my website or use my services. By using this site, you agree to the terms of this Privacy Policy.

#### 2. Information I Collect

I may collect personal information in the following ways:

#### A. Information You Provide Directly

- Name, email address, and phone number (e.g., when filling out a contact form or booking an appointment)
- Health-related information (if voluntarily shared via secure client intake forms or during telehealth communication)

#### **B.** Automatically Collected Information

- IP address, browser type, and general location
- Cookies and analytics data to help improve website performance and user experience

#### 3. How I Use Your Information

Your information is used for:

- Responding to inquiries and scheduling appointments
- Providing counseling or consultation services
- Managing client records (in compliance with HIPAA and state laws)
- Improving website functionality and user experience
- Communicating updates, resources, or announcements (only with your consent)

### 4. Confidentiality & HIPAA Compliance

All personal health information shared for counseling services is kept strictly confidential and protected under HIPAA regulations.

I use secure, encrypted platforms for telehealth and electronic records. I will not share your personal or health information without your written consent, except as required by law (e.g., safety concerns, abuse reporting, or court orders).

## 5. Information Sharing

I do **not** sell, rent, or trade your personal data. Information may be shared only with:

- Authorized third-party service providers (e.g., secure scheduling or billing systems) who comply with HIPAA and data protection laws
- Legal authorities, if disclosure is required by law

## 6. Data Security

I take reasonable administrative, technical, and physical measures to protect your data from unauthorized access, disclosure, or misuse.

Despite these measures, no online system is completely secure; use discretion when sharing personal information electronically.

# 7. Cookies & Analytics

This site may use cookies and third-party analytics tools (such as Google Analytics) to understand site traffic and improve content. You can adjust your browser settings to refuse cookies at any time.

## 8. Your Rights

You have the right to:

Access and request a copy of your records

- Request corrections to inaccurate information
- Withdraw consent or request deletion of non-clinical data collected via this website

Requests can be sent to epottermhc@gmail.com

### 9. Third-Party Links

This website may contain links to other sites or resources. I am not responsible for the privacy practices or content of those external websites.

### 10. Updates to This Policy

This Privacy Policy may be updated occasionally to reflect changes in laws or practices. The most current version will always be posted on this page with a revised "Effective Date."

#### 11. Contact Information

If you have questions or concerns about this Privacy Policy, please contact:

Elizabeth Potter, LMHC, LPC

Email: epottermhc@gmail.com Website: epottermhc.com